

Engaging Teens Through the Library

Module 3 Teen Growth & Development



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Your Teenage Self - 6th Grade

Think about yourself when you were in 6th grade. What were you like, what was exciting, challenging, etc. Write down a few words about yourself at that time.

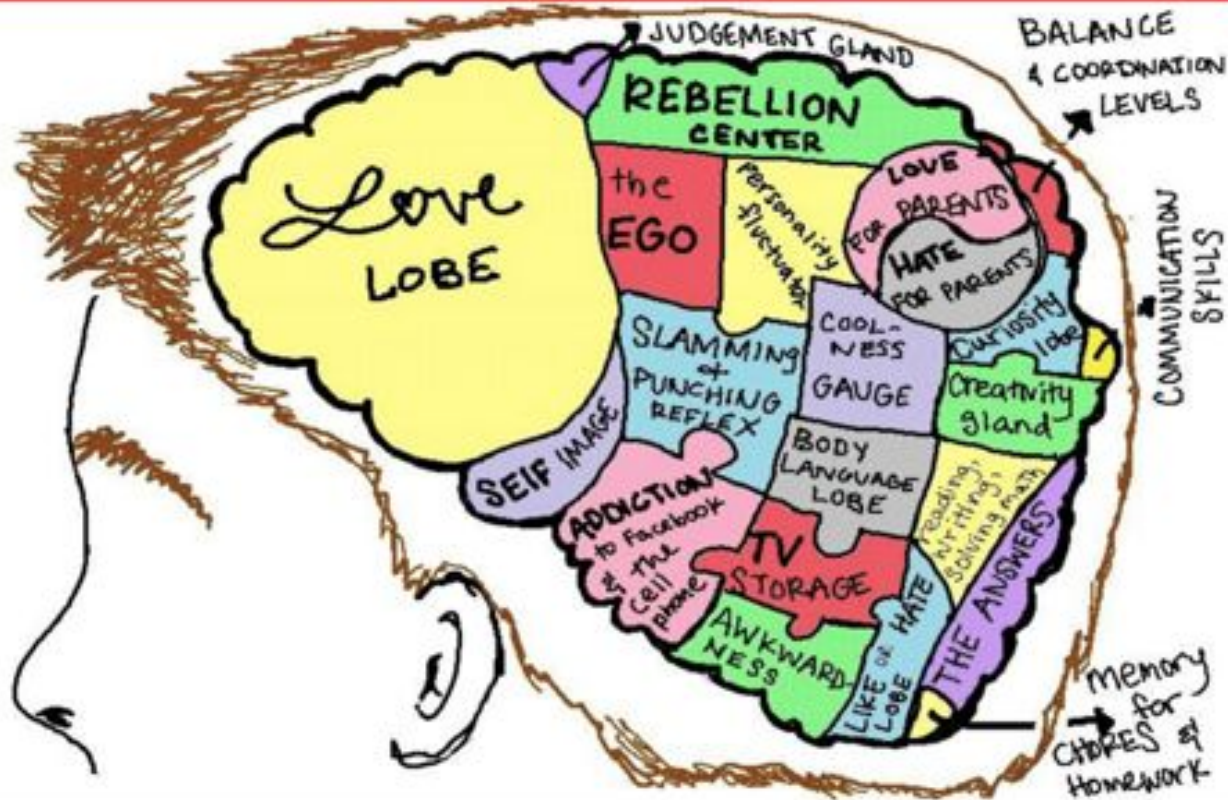
Your Teenage Self - 8th Grade

Think about yourself when you were in 8th grade. What were you like, what was exciting, challenging, etc. Write down a few words about yourself at that time.

Your Teenage Self - 11th Grade

Think about yourself when you were in 11th grade. What were you like, what was exciting, challenging, etc. Write down a few words about yourself at that time.

The YA Brain: Cliff Notes!



For You to Do

- **Watch:** YALSA Webinar on teen growth and development
<https://youtu.be/Cfn8TR-384c>
- **Review:** The Ages and Stages Document
- **Do:** Add the words you wrote down as you remembered your 6th, 8th, and 11th grade self to the teen growth and development reflection sheet. Fill out the rest of the reflection sheet as you talk with others about their lives as teens.